

**MIAMI SOUTHRIDGE SENIOR HIGH  
WRESTLING TEAM  
LAKELAND ITINERARY**

**FEBRUARY 13, 2014**

- 12:00 P.M.: Depart Southridge for Lakeland
- 2:30 p.m.: Stop and eat lunch at Fort Drum Service Plaza (30 minutes)
- 5:30 p.m.: Hotel Check-In  
La Quinta Inn and Suites  
1024 Crevasse Street  
Lakeland, FL
- 6:30 p.m.: Leave to Lakeland Center (tournament check-in)
- 7:30 p.m.: Return to hotel for shower and dinner
- 10:30 p.m.: Lights Out

**FEBRUARY 14, 2014**

- 7:00 a.m.: Leave hotel to Lakeland Center
- 8:30 a.m.: Breakfast then warm-ups
- 10:00 a.m.: Tournament begins (all day tournament)
- 9:00 p.m.: Return to hotel for shower and Dinner
- 11:00 p.m.: Lights Out

**FEBRUARY 15, 2014**

- 7:00 a.m.: Leave hotel to Lakeland Center
- 8:30 a.m.: Breakfast then warm-ups
- 10:00 a.m.: Tournament begins (all day tournament)
- 9:00 p.m.: Return to hotel for shower and Dinner
- 11:00 p.m.: Lights Out

**FEBRUARY 16, 2014**

- 8:00 a.m.: Breakfast @ hotel and check-out
- 9:00 a.m.: Depart for Southridge
- 11:00 a.m.: Rest stop for lunch (45 minutes)
- 1:30 p.m.: Arrive at Southridge